

# HEAD START WINTER MENU

## ROGERS CITY AREA SCHOOLS

### BREAKFAST

#### MONDAY

\*WG Breakfast Pizza  
String Cheese  
Cinnamon Applesauce

#### TUESDAY

Cereal  
Yogurt  
Fresh Pears

#### WEDNESDAY

Mini Bagel  
Cream Cheese  
Orange Smiles

#### THURSDAY

French Toast  
Scrambled Eggs  
Diced Peaches

|         | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  |
|---------|--|--|--|---|
| WEEK #1 | *WG Pepperoni Pizza<br><br>Tossed Salad, Cucumber Slices, Diced Pears, 1% White Milk, And Ranch Dressing                       | *WG Chicken Nuggets<br><br>Buttered Noodles, Corn, Applesauce, 1% White Milk And Ranch Dressing                        | Walking Tacos<br><br>*WG Doritos, Taco Meat, Shredded Lettuce, Milk Salsa, Mixed Fruit, Choice of Milk, Ranch Dressing | Turkey & Gravy Over Mashed Potatoes<br><br>Green Beans, Peaches, Dinner Roll, Choice of Milk, Ranch Dressing                      |
| WEEK #2 | *WG Chicken Tenders<br><br>Stuffing, Green Peas, Carrots Oranges, 1% White Milk and Ranch Dressing                             | Cheeseburger/Hamburger<br><br>*WG Bun, Oven Fries, Mixed Apples, 1% White Milk, Ranch Dressing, Ketchup & Mustard      | *WG Cheese Pizza<br><br>Tossed Spinach Salad, Cucumber Slices, Pineapple, and 1% White Milk and Ranch Dressing         | Penne Pasta w/ Meat Sauce<br><br>*WG Garlic Toast, Baby Carrots, Diced Pears, 1% White Milk & Ranch Dressing                      |
| WEEK #3 | *WG Chicken Patty Sandwich<br><br>Potato Puffs, Lettuce & Tomatoes, Mixed Fruit, 1% White Milk, Ranch Dressing, Ketchup & Mayo | *WG Grilled Ham & Cheese w/ Tomato Soup<br><br>Green Peas, Cauliflower, Strawberry Cup, 1% White Milk & Ranch Dressing | *WG Pizza Calzone<br><br>Tossed Salad, Applesauce Cup, Mixed Peppers, Tomatoes, 1% White Milk & Ranch Dressing         | Scalloped Potatoes & Ham<br><br>*WG Dinner Roll, Steamed Broccoli, Pineapple, 1% White Milk and Ranch Dressing                    |
| WEEK #4 | *WG Chicken & Cheese Quesadilla<br><br>Spanish Rice, Tossed Salad, Orange Smiles, Milk Salsa, 1% White Milk and Ranch Dressing | Chicken Noodle Soup<br><br>*WG Dinner Roll, String Cheese, Cauliflower, Fresh Apples, 1% White Milk & Ranch Dressing   | *WG Pizza Bosco's<br><br>Green Beans, Tossed Salad, Fresh Pears, 1% White Milk and Ranch Dressing                      | Pretzel Poppers<br><br>Soft Pretzel Bites w/ cheese cup, Yogurt, Mixed Berry Cup, Carrot Sticks, 1% White Milk and Ranch Dressing |

Jenna Vekaryasz—Food Service Supervisor

734.9164

jenna.vekaryasz@rcashurons.org

**\*WG = Whole Grain**

Menu is subject to change without notice.

#### December

| Week | M  | T  | W  | T  |
|------|----|----|----|----|
| #1   | 2  | 3  | 4  | 5  |
| #2   | 9  | 10 | 11 | 12 |
| #3   | 16 | 17 | 18 | 19 |

#### January

| Week | M  | T  | W  | T  |
|------|----|----|----|----|
| #4   | 6  | 7  | 8  | 9  |
| #1   | 13 | 14 | 15 | 16 |
| #2   | 20 | 21 | 22 | 23 |
| #3   | 27 | 28 | 29 | 30 |

#### February

| Week | M  | T  | W  | T  |
|------|----|----|----|----|
| #4   | 3  | 4  | 5  | 6  |
| #1   | 10 | 11 | 12 | 13 |
| #2   |    | 18 | 19 | 20 |
| #3   | 24 | 25 | 26 | 27 |

# ELEMENTARY SCHOOL WINTER MENU

Jenna Vekaryasz—Food Service Supervisor ~ 734.9164 / jenna.vekaryasz@rcashurons.org

## ROGERS CITY AREA SCHOOLS

### BREAKFAST

#### MONDAY

\*Breakfast Pizza, Cinnamon or Strawberry Frudel, Yogurt & String Cheese, Cinnamon Applesauce, Orange Smiles, Craisins, 1% or Skim Milk

#### TUESDAY

Blueberry, Apple Cinnamon or Chocolate Chip Muffins, Nature Valley Granola Bar, String Cheese, Yogurt, Fresh Fruit Cups, Raisins, 1% or Skim Milk

#### WEDNESDAY

Mini Bagels with Cream Cheese, Yogurt Parfait, Nutrigrain bars, Cinnamon Applesauce, Pears, Oranges Juice, 1% or Skim Milk

#### THURSDAY

French Toast & Scrambled Eggs, Banana Bread, Cinnamon Bun, Craisins, Banana, Pear, Apple Juice, 1% or Skim Milk

#### FRIDAY

Pancake on a Stick, Zee Zee Breakfast Bar, Cereal Bar, Orange Smiles, Strawberry Cup, Pear, Apple Juice, 1% or Skim Milk

\* = **Whole Grain**

Salad Bar available daily

Menu is subject to change without notice.

|         | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|---------|---|--|---|--|--|
| WEEK #1 | *Pepperoni Pizza, Tossed Salad, Cucumber Slices, Diced Pears, Orange Smiles, Choice of Milk and Ranch Dressing              | *Chicken Nuggets, Buttered Noodles, Corn, Applesauce, Raisins, Choice of Milk, Ranch Dressing and BBQ Sauce            | Walking Tacos, Taco Meat, *Doritos, Shredded Lettuce, Salsa, Mixed Fruit, Choice of Milk and Ranch Dressing   | Turkey & Gravy over Mashed Potatoes, Green Beans, Peaches, *Dinner Roll, Choice of Milk and Ranch Dressing             | Peanut Butter & Jelly *Cheese-Its, String Cheese, Strawberry Cup Choice of Milk & Ranch Dressing                       |
| WEEK #2 | *Chicken Tenders, Stuffing, Green Peas, Carrots, Diced Pears, Oranges, Choice of Milk, Ketchup & BBQ Sauce                  | Cheeseburger/Hamburger on a *Bun, Oven Fries, Mixed Fruit, Choice of Milk, Ranch Dressing, Ketchup, Mustard & Mayo     | *Cheese Pizza, Tossed Spinach Salad, Cucumber Slices, Apple, Orange Smiles, Choice of Milk and Ranch Dressing | Penne Pasta w/ Meat Sauce, *Garlic Toast, Baby Carrots, Sliced Peaches, Fresh Pears, Choice of Milk and Ranch Dressing | Breakfast for Lunch Pancakes, Sausage Links, Hash Brown, Banana, Raisins, Choice of Milk & Syrup                       |
| WEEK #3 | *Chicken Patty Sandwich, Potato Puffs, Lettuce, Tomato, Mixed Fruit, Banana, Choice of Milk, Ranch Dressing, Ketchup & Mayo | *Grilled Ham & Cheese, Tomato Soup, Green Peas, Cauliflower, Strawberry Cup, Apples, Choice of Milk and Ranch Dressing | *Pizza Calzone, Tossed Salad, Applesauce Cup, Mixed Peppers, Broccoli, Choice of Milk & Ranch Dressing        | Scalloped Potatoes & Ham, *Dinner Roll, Steamed Broccoli, Apple Slices, Fresh Pears, Choice of Milk & Ranch Dressing   | Hot Dog on a Bun, Baked Beans, Baby Carrots, Sun Chips, Pineapple, Choice of Milk, Ranch Dressing, Mustard and Ketchup |
| WEEK #4 | *Chicken & Cheese Quesadilla, Spanish Rice, Orange Smiles, Tossed Salad, Milk Salsa, Choice of Milk and Ranch Dressing      | Chicken Noodle Soup, *Dinner Roll, String Cheese, Broccoli, Strawberry Cup, Apple & Choice of Milk                     | *Pizza Bosco Sticks, Green Beans, Fresh Fruit, Applesauce, Choice of Milk, and Ranch Dressing                 | Soft Pretzel Bites with Cheese Cup, Yogurt, Mixed Berry Cup, Fresh Fruit, Choice of Milk and Ranch Dressing            | Macaroni & Cheese, *Garlic Bread, Tossed Salad, Apple, Diced Peaches, Choice of Milk and Ranch Dressing                |

## FREE REIMBURSABLE BREAKFAST & LUNCH SERVED DAILY

Milk Only— \$.50  
 Adult Breakfast—\$2.30  
 Adult Lunch—\$3.85

| December |    |    |    |    |    | January |    |    |    |    | February |      |    |    |    |    |    |
|----------|----|----|----|----|----|---------|----|----|----|----|----------|------|----|----|----|----|----|
| Week     | M  | T  | W  | T  | F  | Weeks   | M  | T  | W  | T  | F        | Week | M  | T  | W  | T  | F  |
| #1       | 2  | 3  | 4  | 5  | 6  | #4      | 6  | 7  | 8  | 9  | 10       | #4   | 3  | 4  | 5  | 6  | 7  |
| #2       | 9  | 10 | 11 | 12 | 13 | #1      | 13 | 14 | 15 | 16 | 17       | #1   | 10 | 11 | 12 | 13 | 14 |
| #3       | 16 | 17 | 18 | 19 | 20 | #2      | 20 | 21 | 22 | 23 | 24       | #2   |    | 18 | 19 | 20 | 21 |
|          |    |    |    |    |    | #3      | 27 | 28 | 29 | 30 | 31       | #3   | 24 | 25 | 26 | 27 | 28 |

# MIDDLE SCHOOL WINTER MENU

Jenna Vekaryasz—Food Service Supervisor ~ 734.9164 / jenna.vekaryasz@rcashurons.org

Menu is subject to change without notice.

## ROGERS CITY AREA SCHOOLS

### BREAKFAST

#### MONDAY

\*Breakfast Pizza, Cinnamon or Strawberry Frudel, Yogurt & String Cheese, Cinnamon Applesauce, Orange Smiles, Craisins, 1% or Skim Milk

#### TUESDAY

Blueberry, Apple Cinnamon or Chocolate Chip Muffins, Nature Valley Granola Bar, String Cheese, Yogurt, Fresh Fruit Cups, Raisins, 1% or Skim Milk

#### WEDNESDAY

Mini Bagels with Cream Cheese, Yogurt Parfait, Nutrigrain bars, Cinnamon Applesauce, Pears, Oranges Juice, 1% or Skim Milk

#### THURSDAY

French Toast & Scrambled Eggs, Banana Bread, Cinnamon Bun, Craisins, Banana, Pear, Apple Juice, 1% or Skim Milk

#### FRIDAY

Pancake on a Stick, Zee Zee Breakfast Bar, Cereal Bar, Orange Smiles, Strawberry Cup, Pear, Apple Juice, 1% or Skim Milk

\* = Whole Grain

Salad bar, al-a-cart & smart snacks available daily

|         | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|---------|---|--|---|--|--|
| WEEK #1 | *Pepperoni Pizza, Tossed Salad, Cucumber Slices, Diced Pears, Orange Smiles, Choice of Milk and Ranch Dressing              | *Chicken Nuggets, Buttered Noodles, Corn, Applesauce, Raisins, Choice of Milk, Ranch Dressing and BBQ Sauce            | Walking Tacos, Taco Meat, *Doritos, Shredded Lettuce, Salsa, Mixed Fruit, Choice of Milk and Ranch Dressing   | Turkey & Gravy over Mashed Potatoes, Green Beans, Peaches, *Dinner Roll, Choice of Milk and Ranch Dressing             | Peanut Butter & Jelly *Cheese-Its, String Cheese, Strawberry Cup Choice of Milk & Ranch Dressing                       |
| WEEK #2 | *Chicken Tenders, Stuffing, Green Peas, Carrots, Diced Pears, Oranges, Choice of Milk, Ketchup & BBQ Sauce                  | Cheeseburger/Hamburger on a *Bun, Oven Fries, Mixed Fruit, Choice of Milk, Ranch Dressing, Ketchup, Mustard & Mayo     | *Cheese Pizza, Tossed Spinach Salad, Cucumber Slices, Apple, Orange Smiles, Choice of Milk and Ranch Dressing | Penne Pasta w/ Meat Sauce, *Garlic Toast, Baby Carrots, Sliced Peaches, Fresh Pears, Choice of Milk and Ranch Dressing | Breakfast for Lunch Pancakes, Sausage Links, Hash Brown, Banana, Raisins, Choice of Milk & Syrup                       |
| WEEK #3 | *Chicken Patty Sandwich, Potato Puffs, Lettuce, Tomato, Mixed Fruit, Banana, Choice of Milk, Ranch Dressing, Ketchup & Mayo | *Grilled Ham & Cheese, Tomato Soup, Green Peas, Cauliflower, Strawberry Cup, Apples, Choice of Milk and Ranch Dressing | *Pizza Calzone, Tossed Salad, Applesauce Cup, Mixed Peppers, Broccoli, Choice of Milk & Ranch Dressing        | Scalloped Potatoes & Ham, *Dinner Roll, Steamed Broccoli, Apple Slices, Fresh Pears, Choice of Milk & Ranch Dressing   | Hot Dog on a Bun, Baked Beans, Baby Carrots, Sun Chips, Pineapple, Choice of Milk, Ranch Dressing, Mustard and Ketchup |
| WEEK #4 | *Chicken & Cheese Quesadilla, Spanish Rice, Orange Smiles, Tossed Salad, Milk Salsa, Choice of Milk and Ranch Dressing      | Chicken Noodle Soup, *Dinner Roll, String Cheese, Broccoli, Strawberry Cup, Apple & Choice of Milk                     | *Pizza Bosco Sticks, Green Beans, Fresh Fruit, Applesauce, Choice of Milk, and Ranch Dressing                 | Soft Pretzel Bites with Cheese Cup, Yogurt, Mixed Berry Cup, Fresh Fruit, Choice of Milk and Ranch Dressing            | Macaroni & Cheese, *Garlic Bread, Tossed Salad, Apple, Diced Peaches, Choice of Milk and Ranch Dressing                |

### PRICES

|                      |        |
|----------------------|--------|
| Breakfast.....       | \$1.80 |
| Breakfast Reduced..  | \$.30  |
| Breakfast Adult..... | \$2.30 |
| Lunch.....           | \$2.85 |
| Lunch Reduced.....   | \$.40  |
| Lunch Adult.....     | \$3.85 |
| Milk Only.....       | \$.50  |

### December

| Week | M  | T  | W  | T  | F  |
|------|----|----|----|----|----|
| #1   | 2  | 3  | 4  | 5  | 6  |
| #2   | 9  | 10 | 11 | 12 | 13 |
| #3   | 16 | 17 | 18 | 19 | 20 |

### January

| Weeks | M  | T  | W  | T  | F  |
|-------|----|----|----|----|----|
| #4    | 6  | 7  | 8  | 9  | 10 |
| #1    | 13 | 14 | 15 | 16 | 17 |
| #2    | 20 | 21 | 22 | 23 | 24 |
| #3    | 27 | 28 | 29 | 30 | 31 |

### February

| Week | M  | T  | W  | T  | F  |
|------|----|----|----|----|----|
| #4   | 3  | 4  | 5  | 6  | 7  |
| #1   | 10 | 11 | 12 | 13 | 14 |
| #2   |    | 18 | 19 | 20 | 21 |
| #3   | 24 | 25 | 26 | 27 | 28 |

# HIGH SCHOOL WINTER MENU

Jenna Vekaryasz—Food Service Supervisor ~ 734.9164 / jenna.vekaryasz@rcashurons.org

Menu is subject to change without notice.

## ROGERS CITY AREA SCHOOLS

### BREAKFAST

#### MONDAY

\*Breakfast Pizza, Cherry or Apple Frudel, Breakfast Rounds, Yogurt & String Cheese, Cinnamon Applesauce, Orange Smiles, Craisins, 1% or Skim Milk

#### TUESDAY

Blueberry, Apple Cinnamon or Chocolate Muffins, Breakfast Tornadoes, Benefit Bar, Fresh Fruit Cups, Raisins, Apple Banana, 1% or Skim Milk

#### WEDNESDAY

Fresh Toast, Scrambled Eggs, Goody Ring, Breakfast Burrito, Cereal Bar, String Cheese, Yogurt, Cinnamon Applesauce, Pears, Orange Juice, 1% or Skim Milk

#### THURSDAY

Assorted Bagels with Cream Cheese, Grape & and Cheese cups, Nature Valley Granola Bar, Yogurt Parfait, Craisins, Banana, Pear, Apple Juice, 1% or Skim Milk

#### FRIDAY

Pancake on a Stick, Zee Zee Bar, Cinnamon Bun, Yogurt, String Cheese, Orange Smiles, Strawberry Cup, Pear, Apple Juice, 1% or Skim Milk

\* = **Whole Grain**

Salad bar, al-a-cart & smart snacks available daily

|         | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  |
|---------|---|--|--|---|---|
| WEEK #1 | *Pepperoni Pizza, Tossed Salad, Cucumber Slices, Diced Pears, Fresh Fruit, Choice of Milk and Ranch Dressing                | *Chicken Nuggets, Buttered Noodles, Corn, Applesauce, Bananas, Choice of Milk, Ranch Dressing and BBQ Sauce            | Walking Tacos, Refried Beans, Lettuce, Tomatoes, Red Grapes, Apples, Mild Salsa, Choice of Milk and Ranch Dressing | Turkey & Gravy over Mashed Potatoes, Green Beans, Peaches, Fresh Fruit, *Dinner Roll, Choice of Milk and Ranch Dressing | Nachos/Tacos Shredded Lettuce, Mild Salsa, Mixed Peppers, Choice of Milk & Ranch Dressing                   |
| WEEK #2 | *Chicken Tenders, Stuffing, Peas, Carrots, Diced Peaches, Oranges, Choice of Milk, Ketchup & BBQ Sauce                      | Bacon Cheeseburger on a *Bun, Oven Fries, Mixed Fruit, Apples, Choice of Milk, Ranch Dressing, Ketchup, Mustard & Mayo | *Cheese Pizza, Tossed Spinach Salad, Cucumber Slices, Applesauce, Fresh Pears, Choice of Milk and Ranch Dressing   | Penne Pasta w/ Meat Sauce, *Garlic Toast, Baby Carrots, Sliced Peaches, Fresh Pears, Choice of Milk and Ranch Dressing  | Ham or Turkey Panni, Baked Chips, Mixed Peppers, Broccoli, Ranch Dressing, Mustard, Mayo & Choice of Milk   |
| WEEK #3 | *Chicken Patty Sandwich, Potato Puffs, Lettuce, Tomato, Applesauce, Bananas, Choice of Milk, Ranch Dressing, Ketchup & Mayo | Grilled Cheese & Tomato Soup, Peas, Cauliflower, Strawberry Cup, Apples, Choice of Milk and Ranch Dressing             | *Pizza Calzone, Mixed Greens, Baby Carrots, Strawberry Cup, Oranges, Choice of Milk & Ranch Dressing               | Scalloped Potatoes & Ham, *Dinner Roll, Steamed Broccoli, Applesauce, Oranges, Choice of Milk & Ranch Dressing          | Chili Cheese Dogs/Brat, Baked Beans, Green Pears, Mixed Berry Cup, Choice of Milk and Ranch Dressing        |
| WEEK #4 | *Chicken & Cheese Quesadilla, Spanish Rice, Orange Smiles, Tossed Salad, Milk Salsa, Choice of Milk and Ranch Dressing      | Buffalo Chicken Bites ,Broccoli, Mixed Peppers, Apple Slices, Banana, Choice of Milk and Ranch Dressing                | *Bosco Sticks, Green Beans, Fresh Fruit, Applesauce, Choice of Milk, and Ranch Dressing                            | Soft Pretzel Bites, Cheese Cup, Mixed Berry Cup, Diced Pears, Choice of Milk and Ranch Dressing                         | Macaroni & Cheese, *Garlic Bread, Tossed Salad, Mixed Fruit, Fresh Pears, Choice of Milk and Ranch Dressing |

### PRICES

|                      |        |
|----------------------|--------|
| Breakfast.....       | \$1.80 |
| Breakfast Reduced..  | \$.30  |
| Breakfast Adult..... | \$2.30 |
| Lunch.....           | \$2.85 |
| Lunch Reduced.....   | \$.40  |
| Lunch Adult.....     | \$3.85 |
| Milk Only.....       | \$.50  |

### December

| Week | M  | T  | W  | T  | F  |
|------|----|----|----|----|----|
| #1   | 2  | 3  | 4  | 5  | 6  |
| #2   | 9  | 10 | 11 | 12 | 13 |
| #3   | 16 | 17 | 18 | 19 | 20 |

### January

| Weeks | M  | T  | W  | T  | F  |
|-------|----|----|----|----|----|
| #4    | 6  | 7  | 8  | 9  | 10 |
| #1    | 13 | 14 | 15 | 16 | 17 |
| #2    | 20 | 21 | 22 | 23 | 24 |
| #3    | 27 | 28 | 29 | 30 | 31 |

### February

| Week | M  | T  | W  | T  | F  |
|------|----|----|----|----|----|
| #4   | 3  | 4  | 5  | 6  | 7  |
| #1   | 10 | 11 | 12 | 13 | 14 |
| #2   |    | 18 | 19 | 20 | 21 |
| #3   | 24 | 25 | 26 | 27 | 28 |

# ST. IGNATIUS SCHOOL WINTER LUNCH MENU

ROGERS CITY AREA SCHOOLS

## December

| Week | M  | T  | W  | T  | F  |
|------|----|----|----|----|----|
| #1   | 2  | 3  | 4  | 5  | 6  |
| #2   | 9  | 10 | 11 | 12 | 13 |
| #3   | 16 | 17 | 18 | 19 | 20 |

## January

| Weeks | M  | T  | W  | T  | F  |
|-------|----|----|----|----|----|
| #4    | 6  | 7  | 8  | 9  | 10 |
| #1    | 13 | 14 | 15 | 16 | 17 |
| #2    | 20 | 21 | 22 | 23 | 24 |
| #3    | 27 | 28 | 29 | 30 | 31 |

## February

| Week | M  | T  | W  | T  | F  |
|------|----|----|----|----|----|
| #4   | 3  | 4  | 5  | 6  | 7  |
| #1   | 10 | 11 | 12 | 13 | 14 |
| #2   |    | 18 | 19 | 20 | 21 |
| #3   | 24 | 25 | 26 | 27 | 28 |

Lunch—\$2.60

Reduced—\$.40

Milk Only—\$.50

Adults—\$3.85

\* = Whole Grain

Salad Bar Available

Menu is subject to change without notice.

| WEEK #1 | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---------|---|--|---|---|--|
|         | *Pepperoni Pizza, Tossed Salad, Cucumber Slices, Diced Pears, Orange Smiles, Choice of Milk and Ranch Dressing              | *Chicken Nuggets, Buttered Noodles, Corn, Applesauce, Raisins, Choice of Milk, Ranch Dressing and BBQ Sauce            | Walking Tacos, Taco Meat, *Doritos, Shredded Lettuce, Salsa, Mixed Fruit, Choice of Milk and Ranch Dressing   | Turkey & Gravy over Mashed Potatoes, Green Beans, Peaches, *Dinner Roll, Choice of Milk and Ranch Dressing          | Peanut Butter & Jelly *Cheese-Its, String Cheese, Strawberry Cup Choice of Milk & Ranch Dressing         |
| WEEK #2 | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|         | *Chicken Tenders, Stuffing, Green Peas, Carrots, Diced Pears, Oranges, Choice of Milk, Ketchup & BBQ Sauce                  | Cheeseburger/Hamburger on a *Bun, Oven Fries, Mixed Fruit, Choice of Milk, Ranch Dressing, Ketchup, Mustard & Mayo     | *Cheese Pizza, Tossed Spinach Salad, Cucumber Slices, Apple, Orange Smiles, Choice of Milk and Ranch Dressing | Nachos Mixed Peppers, Tomatoes, Diced Peaches, Fresh Pear, Mild Salsa, Choice of Milk and Ranch Dressing            | Breakfast for Lunch Pancakes, Sausage Links, Hash Brown, Banana, Raisins, Choice of Milk & Syrup         |
| WEEK #3 | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|         | *Chicken Patty Sandwich, Potato Puffs, Lettuce, Tomato, Mixed Fruit, Banana, Choice of Milk, Ranch Dressing, Ketchup & Mayo | *Grilled Ham & Cheese, Tomato Soup, Green Peas, Cauliflower, Strawberry Cup, Apples, Choice of Milk and Ranch Dressing | *Pizza Calzone, Tossed Salad, Applesauce Cup, Mixed Peppers, Broccoli, Choice of Milk & Ranch Dressing        | Scalloped Potatoes & Ham, *Bread Stick, Steamed Broccoli, Apple Slices, Fresh Peas, Choice of Milk & Ranch Dressing | Hot Dog on a Bun, Baked Beans, Sun Chips, Pineapple, Choice of Milk, Ranch Dressing, Mustard and Ketchup |
| WEEK #4 | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|         | *Chicken & Cheese Quesadilla, Spanish Rice, Orange Smiles, Tossed Salad, Milk Salsa, Choice of Milk and Ranch Dressing      | Chicken Noodle Soup, *Dinner Roll, String Cheese, Broccoli, Strawberry Cup, Apple & Choice of Milk                     | *Pizza Bosco Sticks, Green Beans, Fresh Fruit, Applesauce, Choice of Milk, and Ranch Dressing                 | Soft Pretzel Bites with Cheese Cup, Yogurt, Mixed Berry Cup, Fresh Pear, Choice of Milk and Ranch Dressing          | Macaroni & Cheese, *Garlic Bread, Tossed Salad, Apple, Diced Peaches, Choice of Milk and Ranch Dressing  |

Jenna Vekaryasz—Food Service Supervisor

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